



Mini Pii Session *Mobile Crisis Units* July 24, 2019

Wendy Philpot, Manager of Crisis Services of EMPACT-Suicide Prevention Center La Frontera Arizona led a discussion about their mobile crisis model and the collaboration efforts between EMPACT and Mesa as they work to divert behavioral cases from the ER

Key points:

- EMPACT Suicide Prevention Center LA Frontera Mission and Vision
- Providing innovative solutions to complex problems
- Working together to create standards of care in the Arizona community





Agenda

- Overview of EMPACT Mobile Crisis Teams
- Crisis Interventions
- Importance of Connection
- Interventions to help us reach our goal
- Discussion of What is Best Practice



EMPACT-SPC

- Emergency Mobile Pediatric Adolescent Crisis Team
- Suicide Prevention Center

- Founded in 1987
- EMPACT is the only organization in the State of Arizona to have a 24-hour hotline and mobile crisis teams, accredited by the American Association of Suicidology.





EMPACT

Mobile Crisis Services

- Dispatched by CRN (Crisis Response Network)
602-222-9444
- A team consists of a master level and bachelor level or equivalent clinicians, experienced and specially trained in crisis intervention.
- A mobile crisis team provides assistance, support, and resources to clients and those who care about them in a time of need.



EMPACT

Mobile Crisis Services

- 14 Mobile Teams operating out of Tempe, Glendale, and San Tan Valley.
- Respond to approximately 700-900 dispatches a month.
- Stabilize 75%+ clients in the community.





Mobile Crisis Services

Mobile crisis teams will de-escalate crisis situations, assess for life threatening behavior (suicide/homicide), empower and advocate for clients. Teams can also make treatment recommendations, transport as necessary and appropriate, and assist with emergent/non-emergent petitioning process. Teams staff with the EMPACT On-Call Coordinator.



EMPACT Philosophy

- Stabilize in the Least Restrictive Environment.
 - Sense of empowerment and accomplishment.
 - Sense of control over one's self and his/her environment.



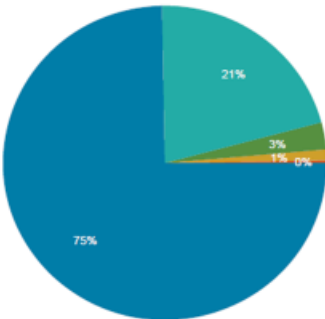
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Mobile Team Interventions



Dispositions	Total	Total %
Community Stabilized	507	75%
Psychiatric	142	21%
Petition	20	3%
Medical	7	1%
Detox	2	0%



Community Stabilized Interventions

- Coordinate with Family/Friends.
- Setting up an Intake Appt. for Outpatient Provider or Coordinate with an Existing Provider.
- Reduce Access to Means.
- Complete Safety Plans.
- Complete Crisis Transition Navigator (CTN) or Rally Point Referrals.
- Complete Safety Follow Up Team Referrals (can include phone calls).
- Refer to San Tan Walk-In Center (adults only).




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HLOC

- EMPACT can recommend and facilitate connection to Detox, Psychiatric Hospitals, Emergency Rooms.
- Emergent petitions can be filed and submitted by EMPACT Mobile Teams
- Non-Emergent petition referrals can be completed with the EMPACT Persistently and Acutely Disabled team (PAD).



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- Community Stabilization is the goal but sometimes HLOC is necessary to keep the client, or others safe